ST. JOSEPH'S CHURCH MILTOWN MALBAY ST. MARY'S CHURCH MOY CRÍOCHA CALLAN PASTORAL AREA

<u>CHURCH OF IRELAND – CHRIST CHURCH SPANISH POINT</u>	
Feast of The Baptism of the Lord Year C 9 th January, 2022	
Priests' Phone No's : Father Donagh O'Meara	087 2322140 /065 7087012
Father John McGovern 065 6839735	
Father Martin Shanahan 087 7486935	
Church of Ireland: Contact: Rev. Kevin O'Brien 065-6724721/089 2310427	
Parish Office: (10.30a.m12.30) Tel/Fax: 7079829 Email: malbayparish@gmail.com	
In Miltown Malbay Church	
Readers for Next Sunday: 6 p.m. Martina Rynne	
12.15 p.m. Anita Talty	
Next Sunday is the Second Sunday in Ordinary Time Year C	
	1
<u>LITURGIES FOR THIS WEEK:</u> <u>Miltown: (www.miltownmalbayparish.ie</u> webcam)	<u>REFLECTION</u> : You are the salt of the earth,
with the weak of the second se	you are the light of the world,
Monday: 10 a.m. Liturgy of the Word with	together we are the body of Christ.
Holy Communion	As a baby you were baptised in Christ,
	at seven years you were invited to eat
MASS: <u>10 a.m.</u> Tuesday, Wednesday, Thursday	from the altar of God,
& Friday	and later the church confirmed the gift
	of God's Spirit given to you.
MASS: <u>6 p.m. Saturday</u> – <u>Grouped Anniversary</u>	Go now from this holy place,
Masses	treasure in your heart the wonder of who you are
Pat McMahon, Knockliscrane	and may the words you have heard here
John Boyle, Mullagh Road	ever echo in your mind.
Sarah & Richard Griffin, Clohanbeg Beetie Flynn, Illane	You are the salt of the earth, you are the light of the world,
Joe & Mary Teresa Murrihy, Main Street	together we are the body of Christ.
Mary Fahey, Ennis Road	together we are the body of chirist.
Noel Boohan & Deceased Members of the	PRAYER TO ST. ROCH:
Boohan Family, Ballard Road	St. Roch by the ministry of an Angel, God gave you a
	promise engraved on a Tablet, that whoever would invoke
MASS: <u>12.15 p.m.</u> for John Lahiff, Spanish Point	your name, would be preserved from all contagious diseases
(Months Mind)	and illnesses. St. Roch pray for us that we may be preserved from all contagious diseases and illnesses – especially the
<u>MOY</u> :	Corona Virus
MACC. 015 Company for Witter Many	
MASS: 9.15 a.m. Sunday for Kitty McNamara	CHILDREN WITH AUTISM ATTENDING MASS: A

née Vaughan, formerly of Moy who died in Australia

REMEMBRANCE: Our prayers are asked for the Repose of the Souls of Paddy Burke, Breaffa & formerly of the Crescent, Brother of Willie Burke, Main Street who died in England, Madeline Clohessy, Sister of Nancy Murphy who died in England, Mary Leonard, née Burke, London, Sister of Paddy Burke, Dunsallagh and Kitty McNamara, née Vaughan formerly of Moy who died in Australia.

Memorial Mass for Kitty will be in Moy next Sunday Rest in Peace Paddy, Madeline, Mary and Kitty

ACT OF SPIRITUAL COMMUNION:

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen

CHILDREN WITH AUTISM ATTENDING MASS: A

Sensory Kit is available in each church for children attending Mass with autism. Please come to the sacristy before Mass to receive the kit. We thank Susan Crawford for making the kit available.

FIRST HOLY COMMUNION:

Scoil Iosef Naofa, Moy Saturday 14th May – 11am Rockmount & Rineen Saturday 14th May – 2pm Miltown N.S. Saturday 21st May - 11am

CONFIRMATION:

Friday 1st April – Rockmount, Rineen and Miltown N.S. at 11am in Miltown Church

PARISH CALENDAR: Our Parish Calendar is available this week-end containing the important dates for the year and also some useful local numbers. Please take one as you leave Mass this weekend.

PRAYER FOR THE NEW YEAR

To let go of the idea that I am separate from the rest of creation.

To welcome the vast opportunities to unite with my surroundings.

To let go of whatever keeps me indifferent to the suffering of others. To draw forth and act on the compassion stored within me.

To let go of inattentiveness to beauty dwelling around me. To welcome the joys and surprising wonders each day contains.

To let go of past grievances and tightly-held hurts that I carry. To welcome and act on my ability to forgive and be healed.

To let go of aversion and avoidance of what is unwanted. To welcome people and events that disturb my comfort zone.

To let go of the pull of consumerism on my desires and values. To welcome simple living and the plenitude that is mine.

To let go of being imprisoned by stingy selfcenteredness. To welcome the ways that life lures forth my ability to love.

To let go of what stalls or impedes my spiritual growth. To welcome quiet times to be with the Keeper of my heart.

To let go of worry about things over which I have no control. To welcome a stronger trust in the Holy One that all shall be well.

To let go of the desire to have a perfect, undisturbed life. To welcome the taken-for-granted peacefulness I already have.

To let go of cherished ones who have departed this sphere of life. To welcome the steadfast love and good memories they left behind.

To let go of old year's troubles and unresolved burdens. To welcome the new year with hope and a sense of adventure.

BAPTISM: We welcome into our Faith Family Seán Declan Carolan who was baptised in St. Mary's Church, Moy recently.

NEWLY MARRIED: Congratulations to David Maher and Aisling Stakelum and Ciarán Fox and Sharon Kierce who married in St. Joseph's Church recently.

COVID-19 SUPPORT LINE FOR OLDER

PEOPLE ALONE manage a national support line and additional supports for older people who have concerns or are facing difficulties relating to COVID-19 (Coronavirus). If you or someone you know needs support this Christmas, please call our National Support and Referral Line on 0818 222 024 from 8am – 8pm, seven days a week. ALONE operates 365 days a year so we will be there to take your call when you need us most.

MILTOWN/MOY DEFIBRILLATOR 065 7050199 SOCIETY OF ST. VINCENT de PAUL 086 2168749

January events at FCJ Spirituality House, Spanish Point

Due to current events, we will host everything online until the end of January, but we have lots of possibilities and in person events planned for February!

For questions text 087 447 9115, email

info@fcjspiritualityhouse.ie or see FB @FCJSpirit.ie Morning Meditation: 30 minutes of stillness at the heart of the day. Online only

When: Every Tuesday and Thursday, starting Jan 11^{th} , at 11am

Journey of the Universe Online from FCJ Spirituality House, Spanish Point

A 20 week free online reflection on our marvellous universe, earth and human transformation. We are delighted to share these resources, created by Brian Swimme, Mary Evelyn Tucker and team together. This is a great chance to hear experts, watch in amazement, and then step out into our world with renewed enthusiasm for this fantastic planet we are on! Starting Thursday, Jan 19th 3-4pm

COUCH TO 5KM WALKING AND RUNNING

PROGRAMME will begin on Tuesday 11th of January at 7.30pm in Mullagh Track. This programme will run for 8 weeks, every Tuesday evening. It is free to take part and all are welcome. Open to all who want to start running in a progressive manner, walkers are most welcome to join us. Bring a friend. Social distancing will apply. (Walkers on the inside of the track and runners on the outside.)

KIB Parish Hall: Following a successful 6 week community physical activity, we are delighted to continue this range of fitness/activities available in Mullagh over the next few weeks. Starting back on Thursday 13th @11am in Mullagh community hall, an active adults/older adults exercise class. These classes will focus on age-appropriate exercises, balance & flexibility. These classes will run for 6 week and we would suggest a donation of €5 per class, just to cover costs, turn up in the morning and bring a friend. Stay for a cup of tea / coffee and chat afterwards, all socially distanced.

<u>CLARE LIBRARY</u> upcoming online events for adults 18+ throughout Co. Clare

<u>Chair Yoga</u> classes with Trish Cleary will be taking place through zoom on the following dates: Thursdays 6th, 13th, 20th & 27th January 11am – 12 noon.

<u>**Tai Chi</u>** classes with Kevin Copeland will be taking place through zoom on Tuesdays 4th, 11th, 18th & 25th January 10.30am – 11.30am.</u>

Classes are Free. Participants will need access to zoom. To book your place, contact Kilrush Library on 065 9051504 or email <u>kilrush@clarelibrary.ie</u> Classes are funded by Healthy Ireland at Your Library. <u>A VERY HAPPY NEW YEAR EVERYONE</u>