ST. JOSEPH'S CHURCH MILTOWN MALBAY ST. MARY'S CHURCH MOY

CRÍOCHA CALLAN PASTORAL AREA

CHURCH OF IRELAND - CHRIST CHURCH, SPANISH POINT

Palm Sunday of the Lord's Passion Year A 2nd April, 2023

Priests' Phone Nos: Father Donagh O'Meara 087 2322140 /065 7087012

Father John McGovern 065 6839735 Father Martin Shanahan 087 7486935

Church of Ireland: Contact: Rev. Kevin O'Brien 065-6724721/089 2310427

Parish Office: (10.30a.m.-12.30) Tel/Fax: 7079829 Email: malbayparish@gmail.com

In Miltown Malbay Church

Readers for Next Sunday: 6 p.m. Martina Rynne

12.15 p.m. John G. Devitt

Next Sunday is Easter Sunday of the Lord's Resurrection Year A

LITURGIES FOR THIS WEEK:

Miltown: (www.miltownmalbayparish.ie webcam)

Monday: 10 a.m. Liturgy of the Word with Holy Communion

MASS: 10 a.m. Tuesday & Wednesday

HOLY WEEK CEREMONIES

Holy Week is the High Point of the Christian Calendar, We warmly invite you to our Holy Week Ceremonies.

HOLY THURSDAY – Miltown 6.30p.m.

Mullagh 8.00p.m.

GOOD FRIDAY – Miltown 3 p.m.

Quilty 3 p.m.

Moy 3 p.m. (Stations of the Cross)

Stations of the Cross 7 p.m. in St. Joseph's Holy Well

HOLY SATURDAY – Miltown 9 p.m.

Mullagh 7 p.m.

EASTER SUNDAY – Miltown Church 12.15 p.m. Dawn Mass at Spanish Point Easter Sunday morning at 5.45 a.m. (Weather Permitting)

MOY: MASS: 9.15 a.m. Easter Sunday

REMEMBRANCE: Sympathy to the Shannon Family on the death of John Thompson, Husband of Teresa Shannon, Kildimo and Brother in Law in Kitty Downes who died in England Rest in Peace John

A PRAYER FOR UKRAINE:

God of peace and justice,

We pray for the people of Ukraine today.
We pray for peace and the laying down of weapons.
We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions. Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them. We pray in the name of Jesus, the Prince of Peace. Amen

REFLECTION Laying Down My Burdens

Cross-bearer and Wearer of the Wood, many are the burdens that press with force upon my spirit as I trudge through life. These cares and concerns weight heavily, pushing their energy upon both mind and heart, taking their toll, lessening my power to love well. These burdens shape themselves into leaden anchors of growling self-pity and loss of self-confidence. They snatch away joy and destroy empathy. Today I choose to release their useless weight. I am ready to stop dragging them alongside me. Here are my troubles, struggles, and afflictions. I lay them down before your cross. I let them go. I undo the clutching of shame, guilt, and blame. I step back from painful patterns of the past that leak into my current thinking and behaviour. I do not need to drag down my life under the bulk of these needless burdens bearing weight on me. I deliberately move on with fresh freedom, placing faith in your strength and compassion. I leave my burdens here with you today. I will not take them back.

PRAYER FOR HOLY WEEK

by Christine Sine

God, as we journey through Holy Week towards the cross.

May we remember the wonder of who you are. Beyond sin, your love is inexhaustible, Beyond brokenness, your forgiveness is incomprehensible.

Beyond betrayal, your grace is poured out eternally, beyond death your life is unimaginable.

Beyond human understanding, your ways are always higher than ours.

Mass of the Chrism

Bishop Fintan, local priests and New Ministers invite you to celebrate the Diocesan Mass of Chrism in the Cathedral of SS. Peter & Paul Ennis on Spy Wednesday 5th April at 7.30pm <u>DAWN MASS</u>: Musicians are welcome for our Dawn Mass at 5.45 a.m. on Easter Sunday morning. If you would like to do some home baking we would be grateful, it can be dropped off at Spanish Point Golf Club on the morning.

THE MATT TALBOT MASS will be celebrated in Ennis Cathedral on Monday, 3 April at 7.30 pm.

This monthly Mass is an opportunity to pray for all suffering from addiction through the intercession of Matt Talbot.

PRIESTS EASTER COLLECTION: The Easter Collection for the Priests of the Parish will be taken up next week-end. Envelopes are in our boxes

Killaloe Diocesan Pilgrimage to Lourdes

Bishop Fintan will lead the Diocesan pilgrimage to Lourdes from Shannon Airport on Tuesday 27th June, returning Sunday 2nd July. €809.00 includes flight, airport transfers, full board with three meals a day, sanctuary levy. For more information and bookings, please contact Joe Walsh Tours 01-2410800 or email info@joewalshtours.i

TRÓCAIRE: A reminder to keep the Trócaire Collection in mind as we come to the end of Lent
This year Trócaire is focusing on the Gedo Region of
Southern Somalia. Somalia is experiencing huge drought because of Climate Change. Envelopes are in our Collection
Boxes or alternatively you can hand in your Trócaire box on Holy Thursday or over the Easter week-end.

BAPTISM: We welcome in our Faith Community Flynn Mark Baker, U.K and Robyn Eve O'Malley, Caherogan who were baptised in St. Joseph's Church last week-end.

RECENTLY MARRIED:

Congratulations to Johathan McDermott and Catherine Lavin who were married in St. Joseph's Church last week-end.

Easter Bunny Fun Run

Miltown Malbay N.S. is holding an Easter Bunny Fun Run on Easter Sunday. This is a fundraiser for the Miltown Malbay Community M.U.G.A. (Multi Use Games Area) The Easter Bunny Fun Run will start and finish at St. Joseph's G.A.A. grounds. Registration for the Fun Run will start at 9.30am at the Club House with the Fun Run starting at 10.30am. Please come along on Easter Sunday morning.

M.U.G.A. Fundraising Golf Classic

The Fundraising Committee of the Miltown Malbay Community Multi Use Games Area (M.U.G.A.) are organising a Golf Classic on Fri. 14 th and Sat. 15th April. For Tee Time Bookings please contact Kieran 087-1386855 or Seamus 086-1527831. We are looking for main sponsors and tee box sponsors. Please contact Kerry 085-1091387 or Marion 087-4119460 to discuss the options available. All support is greatly appreciated. Looking forward to making this a big success for our Multi Use Games Area.

<u>WEDNESDAY ON THE WEB</u>: Wednesday on the web continues on Wednesday 12th of April at 6.30 p.m. with Garda Triona Brooks. Garda Brooks will speak about keeping your property secure in the Summer and personal safety. You may log on to the webcam or tune in on the Radio.

CLARE LOCAL DEVELOPMENT COMPANY:

A vacancy exists on the Rural Social Scheme for Miltown Malbay Parish Graveyards. Certain Criteria applies. Contact Diane Burke on 086 8078817

CLEAN COASTS ROADSHOW:

The Clean Coasts Roadshow for Co. Clare is coming to the Armada Hotel, Spanish Point on Monday April 3rd at 6.30 pm. This is part of a series of free talks and workshops for coastal communities which take place around the coast of Ireland. The Roadshows aim to bring together all those with an interest in protecting their local beaches, marine life and environment. Come along to hear about the work done locally and nationally to keep our coastline clean. Bring a friend.

<u>COFFEE MORNING</u>: Please note that the 'Easter Seanoiri Coffee Morning' will be held in the Miltown Malbay Community Centre on Holy THURSDAY April 6th, 2023 from 10.30 to 11.30. All Welcome! €2 Donation.

THE MULLAGH BRANCH OF THE APOSTOLIC WORK SOCIETY are holding their annual Display and sale of work this Sunday 2nd April from 12 noon to 4pm in the Parish Hall Mullagh.

Rekindle: Festival of Lost Skills is happening on May 14th in The Courthouse Gallery Ennistymon and have shared an open call for involvement in this year's event. Seeking participants including: older people with lost skills to exhibit, market stall holders, local businesses with traditional products and festival volunteers. You can find out more at their coffee morning on Thursday 6th April 2023 for 10am - 12pm at The Courthouse Gallery Ennistymon or getting in touch with Katie on 083 1500 535 / rekindle@ourcommonknowledge.org

<u>Vision Fitness Shanaway - Contact Deirdre on 085-1044016</u> <u>Monday & Thursday - Mum & Baby/ Toddler</u> <u>Class 9:45/10am</u>

Mum and Baby class means you can bring your baby/toddler to class with you or you can come without.

This class is a full body workout and suitable for everyone. The class is for any mum that finds it easier to workout in a group environment. Or for any mum that just wants to get back exercising and is struggling to do it yourself. For mums that do not have childcare or do not want to call on those favours just for an exercise class.

For anyone that wants to lose weight we will put a plan in place for you to achieve this and do weekly weigh-ins.

Monday & Thursday - Sculpt Strength 5pm-7pm

This is a 6-week strength training program. We also do a 1lb weight loss challenge over the course of the 6 weeks. Nutrition advice and weekly weigh-ins.

Monday & Thursday - Boxercise Circuits 7:30pm

Boxercise Circuits is a 45 min full body workout. It combines boxing, body weight and weight exercises. This will be like my previous circuits class with the addition of boxing.

Wednesday - Tone & Stretch 8pm

Tone & Stretch is back! New improved format. This class is for anyone that wants to workout at a lower intensity. The focus will be on strengthening the body. Improving mobility by strengthening the muscles around your joints.

MILTOWN/MOY DEFIBRILLATOR 065 7050199 SOCIETY OF ST. VINCENT de PAUL 086 2168749 BASKET COLLECTION – 26/3/2023 - €1,577 PARISH OFFICE will be closed on Good Friday A VERY HAPPY EASTER EVERYONE