

**ST. JOSEPH'S CHURCH MILTOWN MALBAY ST. MARY'S CHURCH MOY**  
**CRÍOCHA CALLAN PASTORAL AREA**  
**CHURCH OF IRELAND – CHRIST CHURCH, SPANISH POINT**  
**Third Sunday in Ordinary Time Year C 26<sup>th</sup> January, 2025**

**Priests' Phone Nos:** Father Donagh O'Meara 087 2322140 /065 7087012

Father John McGovern 065 6839735

Father Martin Shanahan 087 7486935

**Church of Ireland:** Contact: Rev. Victoria Lynch 086 8292073

**Ministry of Pastoral Care:** Rita O'Dwyer 086 3838500

**Parish Office:** (10.30a.m.-12.30) Monday - Friday

Tel/Fax: 7079829 Email: [malbayparish@gmail.com](mailto:malbayparish@gmail.com)

**In Miltown Malbay Church**

**Readers for Next Sunday:** 6 p.m. Martina Rynne

12.15 p.m. Flann O'Keeffe

**Next Sunday is the Feast of The Presentation of the Lord Year C**

**LITURGIES FOR THIS WEEK:**

**Miltown:** ([www.miltownmalbayparish.ie](http://www.miltownmalbayparish.ie) webcam)

**Monday:** **10 a.m.** Liturgy of the Word with  
Holy Communion

**MASS:** **10 a.m.** Tuesday in Mullagh

**MASS:** **10 a.m.** Wednesday in Mullagh

**MASS:** **10 a.m.** Thursday in Miltown

**MASS:** **10 a.m.** Friday in Miltown

**MASS:** **6 p.m. Saturday – Grouped Anniversary  
Masses**

Canon James Morrissey

Ellen Carroll, Freagh

Margaret Paisley, Fintramore

Michael Fox, Kildimo

**MASS:** **12.15pm Sunday** for Agatha Vaughan  
Church Street (Months Mind)

**MOY:**  
**MASS:** **9.15 a.m. Sunday**

**SYMPATHY:** Our Prayers are asked for the  
Repose of the Soul of Robby Kinlan, Caherush,  
Quilty who died recently. Rest in Peace Robby

**FIRST COMMUNION** Preparation Mass  
on this Sunday at 12.15.

**PARISH GRAVEYARDS:**

Anyone who wishes to donate on-line can do so with the  
following information:

Miltown Malbay Parish Graveyards

Account Number 12799171

IBAN: 47BOFI 904333 12799171

BIC: BOFIE2D

**REFLECTION:**

**Prayer to St. Brigid**

Brigid, you were a woman of peace.

You brought harmony where there was conflict.

You brought light to the darkness.

You brought hope to the downcast.

May the mantle of your peace cover those who are  
troubled and anxious, and may peace be firmly  
rooted in our hearts and in our world.

Inspire us to act justly and to reverence all God  
has made.

Brigid you were a voice for the wounded and the  
weary. Strengthen what is weak within us.

Calm us into a quietness that heals and listens.

May we grow each day into greater wholeness in  
mind, body and spirit. Amen

**St. Brigid's Day 1<sup>st</sup> February, 2025**

Legend holds that Brigid made her first cross from rushes  
she picked from the floor as she visited a pagan chieftain  
who was dying. While sitting by his bed she began to  
weave the rushes into the shape of a cross and tell the stories  
of her Christian faith. The cross became a symbol of peace  
and protection, protection of animals and protection from  
fire and disease and a blessing for home and hearth.

Crosses were exchanged too in times of clan feuds as a sign  
of reconciliation. From that time Irish people have never  
ceased to weave these crosses. These rushes represent our  
hopes, our dreams, our gifts and our efforts in working  
towards a more caring society. Look. She is gathering the  
dreams to weave something new.

She gathers our rushes of sorrow and gladness, of happiness  
and pain, tears and laughter, kindness and caring, of  
voluntary groups and organisations, of families, relations and  
friends, of schools and hospitals, of work and sport and  
recreation, and all the little words and deeds offered in hope,  
in faith and in love. She is weaving them all with loving  
hands into a new form, a richer and more beautiful creation.  
God, too weaves patiently and persistently with the rushes of  
our lives. He invites us to keep offering him the shreds of  
our suffering and the stuff of our dreams and to take our  
place beside him to weave the shape of new creation.

**2025 IS JUBILEE YEAR** and also the 350<sup>th</sup> Anniversary of the devotion to the Sacred Heart. Maybe spending an hour with Jesus once a week would be a special way to celebrate these anniversaries. Should you not be in a position to commit to one hour a week you might like to join the “Super Subs” where you would fill in when someone is out sick. Jesus will always have a great welcome for you even if you can only spend 5 minutes with him, every Tuesday from 10 a.m. – 9 p.m. upstairs in the band room. If you think you could help please text Ann at 086 1708321.

#### **MEDJUGORJE PILGRIMAGES 2025:**

Direct flights from Monstar-Medjugorje – Shannon to Medjugorje in half the time! 21st – 28th May 2025 €825 – price increases to €875 after 31st January – 7 night group pilgrimage with James Considine - Fr. Joe Hayes as Spiritual Director. 27th August to 3rd September 2025 €825 - price increases to €875 after 31st January – 7 night group pilgrimage with James Considine - Fr. Martin Shanahan as Spiritual Director. For more information please contact James Considine on 065 9059328 or 085 7385385.

#### **ATLANTIC WAVE HOLISTIC & INTEGRATED COUNSELLING AND PSYCHOTHERAPY**

As a Parish Community we are hoping to offer Counselling to people around:

- (1) Anxiety Stress, Depression Support
- (2) Personal Relationship Challenges
- (3) Grief and Loss Therapy
- (4) Mindfulness Practices
- (5) Life Transition Counselling
- (6) Cultivating Compassion and Self care

The Counselling Service is Free and open to all.

Please contact Anne at 087 2180037 or email

[atlanticwavepsychotherapy@gmail.com](mailto:atlanticwavepsychotherapy@gmail.com)

more information also available from

Fr. Donagh 087 2322140

#### **FCJ SPIRITUALITY HOUSE:**

Six day directed retreats now available in FCJ Spirituality House, Spanish Point: We are delighted to invite you to join us for weekend or six day directed retreats in Spanish Point this May or June. For more details see [www.fcjspiritualityhouse.ie/events](http://www.fcjspiritualityhouse.ie/events)

#### **CLARE MABS:**

Are you struggling to make ends meet?

Are you worried about money you owe to Money Lenders, Credit Cards, Banks and Mortgage Lenders?

We can help you. For free, confidential and independent advice, please contact our office today on 0818 07 2430, or email us at [ennis@mabs.ie](mailto:ennis@mabs.ie)

We are offering appointments in Ennis, Shannon & Kilrush.

#### **SPRAOI, MILTOWN MALBAY:**

We have a Vacancy here in Spraoi for a Cleaner - 10 hours per week, one evening and a Saturday morning. Very competitive Rates. Immediate Start. Please email [malbayspraoi@eircom.net](mailto:malbayspraoi@eircom.net) or phone Josie @ 065 7079893.

#### **FURTHER EDUCATION AND TRAINING:**

LCETB, Miltown Malbay Campus have a range of part-time courses commencing in 2025 such as Creative Writing, Gardening, Art, Cookery, Computers, Smartphone Skills, Furniture Upcycling, Recycling through Mosaics, History, English Conversation and Parent & Toddler Groups. For further information or to book a place phone 0860319160 or email [arlene.doris@lcetb.ie](mailto:arlene.doris@lcetb.ie). Courses are fully funded and materials will be provided.

#### **Accord now seeking marriage preparation**

##### **facilitators. Might this be you ... ?**

Accord Catholic Marriage Care Service CLG is currently recruiting volunteers to train as marriage preparation programme facilitators. If you:

1. are supportive of marriage in the Catholic Church; and,
2. have the enthusiasm to be part of the Accord team that supports couples preparing for the Sacrament of Marriage

... then Accord wishes to hear from you!

Contact Aisling on 01 505 3112 or by email to [marriagepreparation@accord.ie](mailto:marriagepreparation@accord.ie) and for further information see [www.accord.ie](http://www.accord.ie)

**MULLAGH ENTIRE DRAMA GROUP** are busy rehearsing and looking forward to performing their 3 Act Comedy – The Perfect Match by Jimmy Kearey on Friday 21st February, Sunday 23rd February and Saturday 1st March in Mullagh Community Hall. Doors open at 7pm, curtains at 8pm. Tickets at the door.

**RUN THE BANNER 2025** and the first race of this series the 5k Run/Walk will take place Sunday 26<sup>th</sup> January in Miltown Malbay and hosted by Kilmurry Ibrickane/North Clare Athletic Club starting at 11.00am

Registrations at the Miltown Malbay GAA Clubhouse starting at 9.30am to 10. 45am and Parking at Miltown Malbay GAA Grounds.

With over 200 competitors taking part for this race Traffic Arrangements from 11.00am to 12noon in the following areas, The race will start at the entrance to Miltown Malbay GAA Car Park via the Bog Road all the way to the ARMADA HOTEL and you will have just passed the 2k mark , turning left and passing the armada hotel on your right and making your way to the Quilty -Miltown Malbay Road and taking a left turn known as Burkes Cross you will be passing the 4k mark on the Main Road and straight towards Miltown Malbay and passing Leonard Vaughans Garage on your right you will take the next left back into the finish line All those roads will be closed for periods of the Race. So Expect Delays that Sunday. Come along and Support your Local Club Kilmurry Ibrickane/North Clare.

**TEA AND COFFEE MORNING** in Miltown Malbay Community Centre every Friday from 10.30 to 11.30 am €2 donation. All welcome

**MILTOWN/MOY DEFIBRILLATOR 999 OR 112 SOCIETY OF ST. VINCENT de PAUL 086 2168749 BASKET COLLECTION** 19/1/2025 - €2,050