

ST. JOSEPH'S CHURCH MILTOWN MALBAY ST. MARY'S CHURCH MOY

CRÍOCHA CALLAN PASTORAL AREA

CHURCH OF IRELAND – CHRIST CHURCH, SPANISH POINT

Feast of The Exaltation of the Holy Cross Year C 14th September, 2025

Priests' Phone Nos: Father Donagh O'Meara 087 2322140 /065 7087012

Father John McGovern 065 6839735

Father Martin Shanahan 087 7486935

Church of Ireland: Contact: Rev. Victoria Lynch 086 8292073

Ministry of Pastoral Care: Rita O'Dwyer 086 3838500

Parish Office: (10.30a.m.-12.30) Monday - Friday

Tel/Fax: 7079829 Email: malbayparish@gmail.com

In Miltown Malbay Church

Readers for Next Sunday: 6 p.m. Martina Murphy
12.15 p.m. Anne Downes

Next Sunday is The Twenty Fifth Sunday in Ordinary Time Year C

LITURGIES FOR THIS WEEK:

Miltown: (www.miltownmalbayparish.ie webcam)

Monday: 10 a.m. Liturgy of the Word with
Holy Communion

MASS: 10 a.m. Tuesday in Mullagh

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MASS: 10 a.m. Thursday in Miltown

MASS: 6.30 p.m. Friday in Killernan Holy Well
(No. 10 a.m. Mass in Miltown Friday)

MASS: 6 p.m. Saturday – Grouped Anniversary
Masses

Michael Flynn, Kilcorcoran

Mary & Michael Mitchell

Pa & Alice Murray, Kildimo

May & John Smyth & their Daughter

Nuala Kelly

Jim Flynn, Ballard Road

12.15 Sunday – Liturgy of the Word with
Holy Communion

MOY:

MASS: 9.15 a.m. Sunday for Peter Hayes &
Audrey Charleton

REMEMBRANCE: Our Prayers are asked
for the Repose of the Souls of Brendan Barry,
formerly of Illane and Jodie Linnane, Annagh
who died during the week.
Rest in Peace Brendan and Jodie

BREAST CANCER AWARENESS MONTH 2025

takes place October 1st-31st next.

For further information, please log onto

www.breastcancerireland.com.

REFLECTION

I don't agree with the big way of doing things
love starts with an individual.

I never look at the masses as my responsibility.

I look at the individual.

I can only love one person at a time.

I can feed only one person at a time.

I know that my work is only a drop in the ocean,
but if I didn't put that drop in,
the ocean would be one drop less.

- Mother Teresa

LOOP SYSTEM:

We hope to install the Loop System for people with hearing
aids in our Church. The system will cost in the region of
€2,800, if you would like to make a donation to the new
system you might put your contribution in an envelope and
mark it loop system and put it in the basket at Mass.

PILGRIMAGE TO LOURDES: Bishop Fintan will lead
our Diocesan Autumn Jubilee Pilgrimage to Lourdes from
Monday 29th September to Saturday 4th October, direct
from Shannon Airport. The remaining seats can be booked
with joewalshstours.ie or tel; 01 2410800.

TAP TO DONATE – St. Joseph's Church, Miltown Malbay.
We have put in a "Tap to Donate" Facility for Credit Cards
and Debit Cards at the back of the Church in Miltown. It is
possible to donate €5, €10, €15, €20 or other. The money
goes directly into our parish account for the upkeep of our
churches and buildings.

SOLEMN PROFESSION:

This Sunday morning at the 10.30am Mass in the Friary
Ennis, Ian Cunningham from Ennis will make his
Solemn Profession as a Franciscan Friar. Bro Ian will
serve as a Friar in the Irish Province and continue to
spread the gospel message to the many callings he will
experience in his life as a friar. Please keep Bro. Ian in
your prayers and all who are discerning a call to
priesthood, religious life, diaconate, or lay ministry in
our church.

ATLANTIC WAVE HOLISTIC & INTEGRATED COUNSELLING AND PSYCHOTHERAPY

As a Parish Community we are hoping to offer Counselling to people around:

- (1) Anxiety Stress, Depression Support
- (2) Personal Relationship Challenges
- (3) Grief and Loss Therapy
- (4) Mindfulness Practices
- (5) Life Transition Counselling
- (6) Cultivating Compassion and Self Care

The Counselling Service is Free and open to all.

Please contact Anne at 087 2180037 or email

Atlanticwavepsychotherapy@gmail.com

JUBILEE WALK OF HOPE 2025

As Part of the Jubilee Year of Hope 2025, there will a Jubilee Walk & Mass of Hope organised by the Criocho Callan Cluster to the two Holy Wells in Killernan Graveyard on Friday September 19th, Mass at 6.30pm.

Meeting at McCarthys Bar, Coore (V95RF38).

There will be a Park & Ride from 6pm.

Walk 1km or take the bus direct.

Bring your Intentions of Hope, for you or your loved ones, with you on the evening. Write them down or carry them in your heart. Intentions of Hope sheets will be left in each church & also available at the wells on the evening.

Refreshments afterwards at McCarthys Bar .

A warm welcome to everyone in the community. Please offer a lift to a Neighbour or Friend. This year we walk together in hope & peace for our Jubilee Year 2025.

HSE MID-WEST Community Healthcare are running the 'Living Well' programme which is a free of charge group self-management programme for people with long term health conditions or their carers. The programme, which is ran in a friendly and non-intrusive manner, addresses topics such as fatigue, sleep, pain, stress, physical activity, healthy eating, difficult emotions, low mood, depression and general wellbeing. It takes place over 6 weeks, 2.5 hours per week with up to 15 people on the programme. A programme will commence on Wednesday September 17th in HSE Ennis Primary Care Centre on Station Road at 10.30am and continues for 6 weeks, finishing on Wednesday October 22nd.

Prior registration is necessary, numbers are limited, call Philip at 087 1799396 to register or for more information.

EVELYN MAC MAHON SCHOOL OF SPEECH AND

DRAMA: Classes resuming. Classes available for primary and secondary pupils. Tel: Evelyn Mac Mahon 085 1884158

NEW JIVE & SOCIAL DANCE CLASSES starting in Cooraclare Community Hall on Thursday 2nd October from 7.30. Please Google - Jive with Senan - for further details.

THE TRIEST COMMUNITY EMPLOYMENT

SCHEME (sponsored by Brothers of Charity Clare Services) are currently recruiting, the following positions in the Clare Services: Support Workers, Cleaners and Art & Craft Assistant. Please contact the local DSP Employment Services/Intreo Office to check your eligibility and to apply for this vacancy or *contact* -Thomas Gilligan at 065-6823123

MILTOWN/MOY DEFIBRILLATOR 999 OR 112

SOCIETY OF ST. VINCENT de PAUL 086 2168749

BASKET COLLECTION 7/9/2025 -€1,430

FCJ Spirituality House is delighted to offer the following, and more, this Autumn. You'd be welcome:

- **Oasis days.** Saturday retreat days, 10 am– 4pm on seasonal themes. Sept 21st: The Season of Creation – living in peace with Creation. Short reflections, time to walk or rest, prayerful reflections. Lunch provided. €20 donation.
- **Christian Meditation.** From Sept 30th a half hour of quiet meditation at 12 noon and 7pm on Tuesdays. Donation of €20 per term.
- **Book Club.** Starting October 1st, we will be reading 'The Tears of Things' by Richard Rohr. 7-8pm on Wednesdays, one chapter a week. Donation of €30 for 9 sessions.
- **Storytelling:** The Story of Macha and the race that changed everything. Fri eve and Saturday incl. lunch. €90. Hear the story, reflect on your own story, see what emerges.
- **Creative Writing:** Find and deepen your Creative Voice with Anne F O'Reilly. Through inspiration and challenge, explore your own writing and be inspired by others, by art and by the beautiful venue.
- **Suaimeas: A space for bereaved adults** with Sr Helen Culhane (Children's Grief Project, Limerick). Sat, Nov 1st. 10am – 12 noon. No cost. All those bereaved are welcome. Please share.

Full details at www.fcjspiritualityhouse.ie/events. For queries call 087 447 9115 or email info@fcjspiritualityhouse.ie

ALZHEIMER INFORMATION CAFÉ: This month's Alzheimer Information Cafe is being held on the 17th of September, in our Ennis Centre, Cuan An Chlair, Cahercalla, from 11.30 12.30. This month We have our New Dementia Adviser For Clare Speaking, Providing information and advice on Dementia and local Support services For Families and Carers. All welcome to join us for tea and a chat afterwards. For more information contact Samantha Fennell 0876985819, e-mail : samantha.fennell@alzheimer.ie

COURSES:

We're excited to announce two new courses designed to help you build confidence and skills in the digital world:

Progressing Your IT Skills

Explore and develop your personal ICT skills in a supportive learning environment.

Smart Technologies and Devices

Learn how to use key settings on your devices such as Wi-Fi, Bluetooth, notifications, and location services. Discover useful apps including news, podcasts, weather, library services, and YouTube.

Course Schedule:

Mondays & Wednesdays

09:30 – 11:30 AM

Location: Miltown Malbay Campus

Whether you're looking to improve your digital skills or simply get more comfortable with everyday technology, these courses are a great place to start!

Limited places available – sign up today!

Contact Martina on 087 7890084 or Email

Martina.crowleyhayes@lcteb.ie

SPANISH POINT COMMUNITY GROUP

will hold an Energy Fair at the Armada Hotel on Wednesday, September 24th at 7.30pm. Find out how to have a warmer home and lower energy costs. Meet with suppliers and hear from people who have upgraded their homes. Everybody welcome.

